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# Illinois Residents Worry about High Hospital Costs; Have Difficulty Estimating Quality/Cost of Care; and Express Bipartisan Support for Government Action 

While hospitals are important healthcare providers and vital members of our communities, a poll conducted from December 23, 2021 to January 2, 2022 finds that many Illinois residents worry about hospital costs and support a variety of government-led solutions across party lines.

## Hardship and Worry about Hospital Costs

A substantial portion of Illinois respondents worry about affording healthcare costs both now and in the future, and many report experiencing financial hardship due to hospital costs. Nearly 3 in 5 (58\%) of respondents report being "worried" or "very worried" about affording medical costs from a serious illness or accident. Illinois respondents may have cause to worry about affording hospital care-of the $23 \%$ of respondents who report receiving an unexpected (a.k.a surprise) medical bill in the past year, $40 \%$ say that at least one such bill came from a hospital.

## Skills Navigating Hospital Care

Illinois respondents report fairly high confidence in their ability to know when to seek emergency care, with 3 in 5 ( $65 \%$ ) reporting that they are very or extremely confident about knowing when to go to the emergency department versus a primary care provider. However, they are less confident in their ability to find hospital cost and quality information. Forty-nine percent of respondents are NOT confident they can find out the cost of a hospital procedure ahead of time, and $45 \%$ are NOT confident they can find quality ratings for hospitals.

Illinois respondents' lack of confidence may reflect the fact that those who have tried to find information about hospitals have not always been successful. Forty-seven percent report that they have tried to find quality information on hospitals, but just $33 \%$ of those who sought such information actually found the information they were looking for. Similarly, $37 \%$ of respondents have tried to find the cost of a hospital stay ahead of time, but only $23 \%$ were successful. Notably, older respondents were less likely to shop for cost and quality information: $62 \%$ of respondents age $55+$ shopped for cost or quality of care, while $85 \%$ of those age 18-34 shopped for cost or quality.

Low confidence in respondents' ability to find price and quality information, combined with their limited success, may indicate that this type of information is not easily accessible, despite federal price transparency mandates for hospitals. ${ }^{1}$ Lack of knowledge of hospital quality and potential costs impede lllinois residents' ability to plan for needed care and budget for the expense of a hospital stay, which can be costly, ${ }^{2}$ particularly for residents who are un- or under-insured.

## Support for "Fixes" across Party Lines

Hospitals, along with drug manufacturers and insurance companies, are viewed as a primary contributor to high healthcare costs. When given more than 20 options, those that Illinois respondents most frequently cited as being a "major reason" for high healthcare costs were:

- 70\%-Hospitals charging too much money
- $69 \%$-Drug companies charging too much money
- $65 \%$-Insurance companies charging too much money
- $57 \%$-Large hospitals or doctor groups using their influence to get higher payments from insurance companies

Illinois respondents strongly endorse a number of hospital-related strategies, including:

- $88 \%$-Require hospitals and doctors to provide up-front cost estimates to consumers ${ }^{3}$
- 85\%-Set standard payment to hospitals for specific procedures
- $82 \%$-Set up an independent entity to rate doctor and hospital quality, such as patient outcomes and bedside manner
- 63\%-Pay doctors and hospitals a fixed monthly fee per patient, instead of payment for each service

What's even more interesting is the level of support for some of these strategies across party lines (see Table 1).

## Table 1

Percent Who Agreed/Strongly Agreed, by Political Affiliation

| Selected Survey Questions/Statements | Total Percent of Respondents | Generally speaking, do you think of yourself as... |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | Republican | Democrat | Neither |
| Major reason for rising healthcare costs: Hospitals CHARGING TOO MUCH MONEY | 70\% | 67\% | 74\% | 68\% |
| THE GOVERNMENT SHOULD REQUIRE HOSPITALS AND DOCTORS TO PROVIDE UP-FRONT COST ESTIMATES TO CONSUMERS | 88\% | 88\% | 90\% | 85\% |
| The government should set standard payment to HOSPITALS FOR SPECIFIC PROCEDURES | 85\% | 82\% | 89\% | 80\% |
| The government should set up an independent entity TO RATE DOCTOR AND HOSPITAL QUALITY, SUCH AS PATIENT OUTCOMES AND BEDSIDE MANNER | 82\% | 75\% | 87\% | 81\% |

Source: 2021 Poll of Illinois Adults, Ages 18+, Altarum Healthcare Value Hub's Consumer Healthcare Experience State Survey

## Conclusion

The findings from this poll suggest that Illinois respondents are somewhat motivated when it comes to searching for hospital cost and quality information to help inform purchasing decisions and plan for a future medical expense. However, cost and quality information is difficult for Illinois respondents to find, despite recent action at the federal level to make hospital prices more transparent. ${ }^{4}$

It is not surprising that Illinois respondents express strong support for government-led solutions to make price and quality information more readily accessible and to help patients navigate hospital care. Many of the solutions respondents' support would take the burden of research and guesswork off of consumers' shoulders, by standardizing payments for specific hospital procedures, requiring hospitals and doctors to provide consumers cost estimates for certain procedures and establishing an entity to conduct independent quality reviews. Policymakers should investigate the evidence on these and other policy options in order to respond to Illinois respondents' bipartisan call for government action.

## Notes

1. As of Jan. 1, 2021, the Centers for Medicare and Medicaid Services (CMS) requires hospitals to make public a machine-readable file containing a list of standard charges for all items and services provided by the hospital, as well as a consumer-friendly display of at least 300 shoppable services that a patient can schedule in advance. For more information, see: https://www.cms.gov/hospital-pricetransparency/hospitals
2. According to Health Forum, an affiliate of the American Hospital Association, hospital adjusted expenses per inpatient day in Illinois were $\$ 2,754$ in 2019-just below the national average. See: State Health Facts Data: Hospital Adjusted Expenses per Inpatient Day, Kaiser Family Foundation. Accessed Feb. 22, 2021.
3. Ibid.
4. This survey was conducted after the Centers for Medicare and Medicaid Services' rule requiring hospitals to publicly display all standard charges for all items and services, as well as shoppable services, in a consumer-friendly format went into effect. While survey respondents may be reflecting on their experiences before the rule went into effect, the well-documented low compliance from large hospitals indicates that the rule has yet to demonstrate the desired effect. See: Kurani, Nisha, et al., Early Results from Federal Price Transparency Rule Show Difficulty in Estimating the Cost of Care, Kaiser Family Foundation (April 9, 2021). See also: Henderson, Morgan, and Morgane C. Mouslim, "Low Compliance from Big Hospitals on CMS's Hospital Price Transparency Rule," Health Affairs Forefront (March 16, 2021).

## ABOUT ALTARUM'S HEALTHCARE VALUE HUB

With support from the Robert Wood Johnson Foundation, the Healthcare Value Hub provides free, timely information about the policies and practices that address high healthcare costs and poor quality, bringing better value to consumers. The Hub is part of Altarum, a nonprofit organization with the mission of creating a better, more sustainable future for all Americans by applying research-based and field-tested solutions that transform our systems of health and healthcare.

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## Methodology

Altarum's Consumer Healthcare Experience State Survey (CHESS) is designed to elicit respondents' unbiased views on a wide range of health system issues, including confidence using the health system, financial burden and views on fixes that might be needed.

The survey used a web panel from Dynata with a demographically balanced sample of approximately 1,000 respondents who live in Illinois. The survey was conducted in English or Spanish and restricted to adults ages 18 and older. Respondents who finished the survey in less than half the median time were excluded from the final sample, leaving 1,012 cases for analysis. After those exclusions, the demographic composition of respondents was as follows, although not all demographic information has complete response rates:

## Demographic Composition of Survey Respondents

| Demographic Characteristic | Frequency | Percentage | Demographic Characteristic | Frequency | Percentage |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Household Income |  |  | Gender |  |  |
| Under \$20K | 145 | 14\% | Woman | 586 | 50\% |
| \$20K - \$30K | 118 | 12\% | MAN | 406 | 49\% |
| \$30K - \$40K | 98 | 10\% | Transwoman | 4 | <1\% |
| \$40K - \$50K | 105 | 10\% | Transman | 2 | <1\% |
| \$50K - \$60K | 104 | 10\% | Genderqueer/Nonbinary | 8 | <1\% |
| \$60K - \$75K | 90 | 9\% | Insurance Status |  |  |
| \$75K - \$100K | 144 | 14\% | Health insurance through employer or family member's | 364 | 36\% |
| \$100K - \$150K | 140 | 14\% | EMPLOYER |  |  |
| \$150K+ | 68 | 7\% | Health insurance I buy on my own | 81 | 8\% |
| Age |  |  | Medicare | 312 | 31\% |
| 18-24 | 173 | 17\% | Medicaid | 181 | 18\% |
| 25-34 | 171 | 17\% | TRICARE/Miltary Health System | 8 | 1\% |
| 35-44 | 135 | 13\% | Department of Veterans Affatrs (VA) Health Care | 8 | 1\% |
| 45-54 | 138 | 14\% | No coverage of Any type | 35 | 3\% |
| 55-64 | 192 | 19\% | I Don't know | 23 | 2\% |
| 65+ | 193 | 19\% | Race/Ethnicity |  |  |
| Health Status |  |  | American Indian or Native Alaskan | 38 | 4\% |
| Excellent | 155 | 15\% | Asian | 34 | 3\% |
| Very Good | 317 | 31\% | Black or African American | 141 | 14\% |
| Good | 366 | 36\% | Native Hawailan or Other Pacific Islander | 3 | <1\% |
| FAIR | 141 | 14\% | White | 799 | 79\% |
| Poor | 33 | 3\% | Prefer Not to Answer | 14 | 1\% |
| DISABLIITY |  |  | Two or More Races | 32 | 3\% |
| Mobility: SERIOUS DIFFICULTY WALKING OR CLIMBING STAIRS | 171 | 17\% | Hispanic or Latinx - Yes | 131 | 13\% |
| Cognition: Serious difficulty concentrating, Remembering or making decisions | 98 | 10\% | Hispanic or Latinx - No | 881 | 87\% |
| Independent Living: Serious difficuity | 65 | 6\% | Party Affilation |  |  |
| DOING ERRANDS ALONE, SUCH AS VIIITING A |  |  | Republican | 268 | 26\% |
| DOCTOR'S OFFICE |  |  | Democrat | 420 | 42\% |
| Hearing: Deafness or serious difficulty HEARING | 74 | 7\% | Neither | 324 | 32\% |
| VIIION: BLINDNESS OR SERIOUS DIFFICULTY SEEING, EVEN WHEN WEARING GLASSES | 51 | 5\% |  |  |  |
| Self-Care: Difficulty dressing or bathing | 40 | 4\% |  |  |  |
| No disability or Long-Term health CONDITION | 703 | 69\% |  |  |  |

Source: 2021 Poll of Illinois Adults, Ages 18+, Altarum Healthcare Value Hub's Consumer Healthcare Experience State Survey
Notes: Percentages in the body of the brief are based on weighted values, while the data presented in the demographic table is unweighted, except for race/ethnicity. We do not conduct statistical calculations to determine the significance of differences in findings. Comparisons are for conversational purposes only and are determined by advocate partners in each state based on organizational/advocacy priorities. We do not report any estimates under $\mathrm{N}=100$ and a co-efficient of variance more than . 30 .

